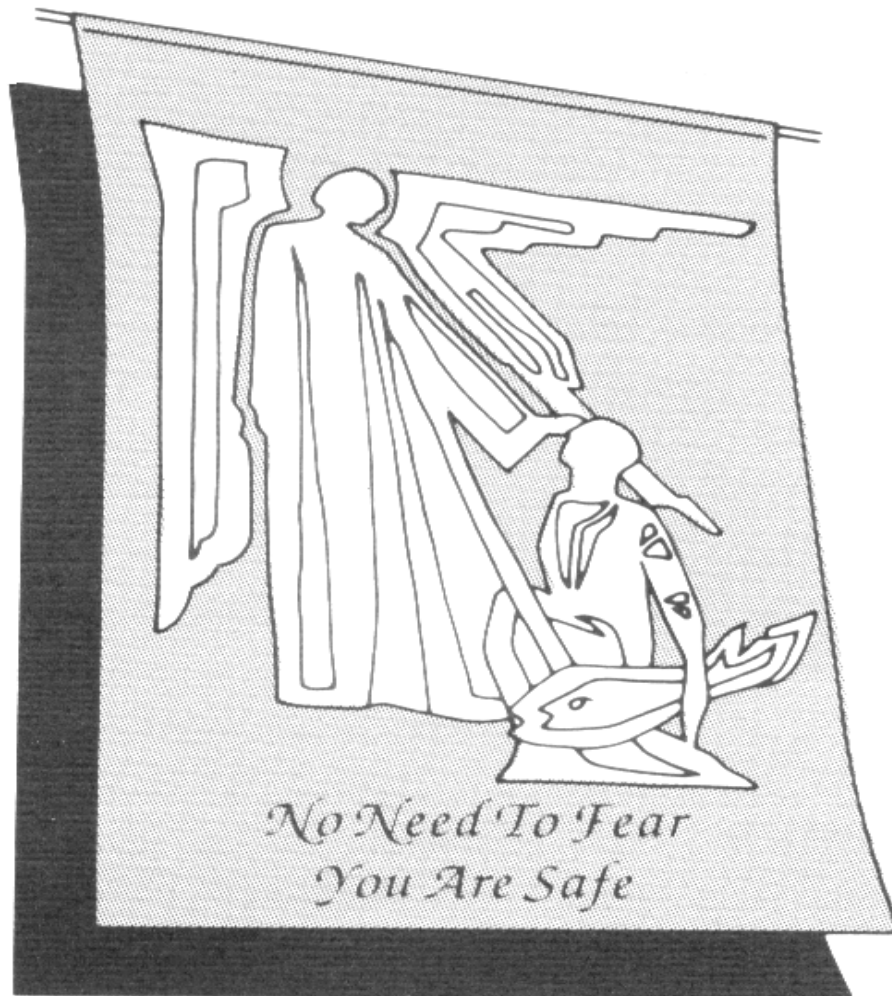


GUEST HOUSE, INC.

2009 ANNUAL REPORT



MISSION STATEMENT:

OUR MISSION IS TO PROVIDE THE INFORMATION, EDUCATION, TREATMENT AND CARE NEEDED TO ASSURE THAT CLERGY, MEN AND WOMEN RELIGIOUS, AND SEMINARIANS SUFFERING FROM ALCOHOLISM AND OTHER SPECIFIED ADDICTIONS HAVE THE BEST OPPORTUNITY FOR QUALITY RECOVERY

GENERAL INFORMATION

On June 4, 1956, Guest House opened the doors to its treatment center in Lake Orion, Michigan, offering assistance to Catholic priests suffering from alcoholism. Thirteen years later, faced with rising enrollment and long waiting lists, Guest House opened the Rochester Treatment Center in Minnesota; and in 1994 our program was expanded to include treatment and services for women religious at the Scripps Mansion in Lake Orion. Since its opening, Guest House has restored to active ministry more than 7,500 priests, deacons, religious brothers, women religious, and seminarians.

When Guest House began, alcoholism and related disorders were viewed in most religious circles as moral problems. Despite Church teachings about compassion, addicted persons in the Catholic clergy were often punished and shamed in programs



that offered little hope for favorable outcomes. Austin Ripley, though a layman, felt a bond with these troubled men and decided to chart a new course for their treatment and recovery. Guest House now operates on the basic understanding that alcoholism and other addictions are clearly diseases over which sufferers have no direct control. This understanding has been validated by authoritative bodies such as the American Medical Association and the American Psychiatric Association. The best way to treat such diseases, Ripley reasoned, is to provide information and therapy in a loving, supportive, and comfortable environment.

Guest House, though not affiliated with Alcoholics Anonymous, has advocated the AA Twelve Step program as the best solution for alcoholism and other addictions. This has been a highly successful approach with the added advantage of giving clients support groups within their own communities on their return.

THE GUEST HOUSE PROCESS

Its aim is effective treatment for addicted servants of the Roman Catholic Church

Which people come to Guest House? How are they qualified for admission? What happens when they arrive? What is done to aid in their recovery?

Beginning with Austin Ripley's vision and concepts, the Guest House professional staff has developed an effective treatment process that has had remarkable success in achieving recoveries over the past fifty years. Guest House clients are a select group: priests, brothers, deacons, seminarians, and women religious. They are admitted to Guest House when interventions and/or other actions indicate the need for treatment. In all cases, admission must have the approval of superiors. After admission all clients receive a continuum of care that can include up to seven phases. This may continue for at least two years after they leave Guest House, and even longer in some cases.

The first phase of the treatment process is **Assessment** of the individual's addictive patterns and need for treatment. This is directed by highly trained clinical service coordinators and counselors with broad experience in the addictions field. While alcoholism was the preliminary addiction for most of the early clients of Guest House, services have since been enlarged to include all forms of chemical dependencies, eating disorders, and compulsive gambling. The next phase is **Primary Care**. It is part of primary care to identify and deal with any medical problems clients may have. It is also



essential to work through any denial clients may have about their problems and also to assure that they are prepared to cooperate fully with their treatment.

Guest House clinicians employ scientific methods of evaluation including psychological testing. At the outset, however, clients must know that Guest House bases its treatment on the Twelve Step programs: Alcoholics Anonymous, Overeaters Anonymous, and Narcotics Anonymous, among others. Twelve Step programs are spiritual and compatible with the teachings and values of the Roman Catholic Church. Lectures by qualified persons are also part of primary care.

It is essential, too, that clients develop a close relationship with their counselors. There should be a sense of confidentiality and deep understanding in this relationship.

Since clients are in treatment with their peers, there is a group approach to recovery at Guest House. Guest House is a "therapeutic community" in which there is a team approach to problem solving and dealing with personal issues. The clients turn to one another for support and for reassurance as well as to be able to measure the extent of each other's continuing growth in therapy and health. There is a strong sense of bonding and fellowship among Guest House clients and many become friends for life with those they met in treatment.

Extended Care is a third phase of Guest House treatment. This program has been developed for the specific purpose of helping individuals who have been unable to put together a successful recovery way of life. The purpose here is to address very specifically those conditions, situations, symptoms or defenses which have not allowed the client to maintain an effective recovery program. It may even be a physical problem such as diabetes or a serious emotional issue such as depression. Whatever the problem, Guest House seeks to help these clients and support them in reestablishing and maintaining a sound recovery plan.

The Re-Entry Visit is another step in Guest House treatment, applicable in cases where clients need special help and support as they return to their own communities. In these cases, the counselor may visit the individual's community and meet with the client and the people with whom the person will be living and working. This is a matter of education for the community and support for the client.

Aftercare is also provided by Guest House, and may involve clients and others in regional seminars which will cover a variety of issue-related matters such as Alcoholics Anonymous, living a spiritual way of life, and taking care of oneself physically and emotionally. Aftercare is structured around three weeklong return visits to the Treatment Center over a 21-month period.

Another aspect of the Guest House program is the **Alumni/Alumnae** dimension, which includes having an annual conference, retreats or other types of events. A newsletter and other communications remind clients of the basic elements of their recovery.

Finally, there is **Education** in which Guest House provides educational opportunities at the Guest House centers or in the communities where alumni or others feel such services would be of benefit to them. This is now being enlarged by the Guest House Institute and Outreach programs.

This is an overall view of the Guest House program. The real power of the program lies in its spiritual dimension and in the warm and compassionate sharing that goes on among staff and clients. There is no substitute for love and concern, and these are in evidence everywhere at Guest House. The critical aspects of the Guest House process is that it is clinically sound, historically validated, useful for all addicted persons, and is consistent with the values of the Roman Catholic Church.

YEAR IN REVIEW:

- We experienced the highest number of patient days at Guest House since 1984, providing 19,596 days of mission-related care including all of our programs.
- We admitted 159 new patients which equaled the highest number since 1988-1989.
- Friendship House in India reached a record high occupancy of 14 patients.
- The Guest House web site was totally redesigned by a joint effort of the Outreach Department, the Development Department, and the treatment centers and debuted in mid-May.

GUEST HOUSE, INC. – BOARD OF TRUSTEES

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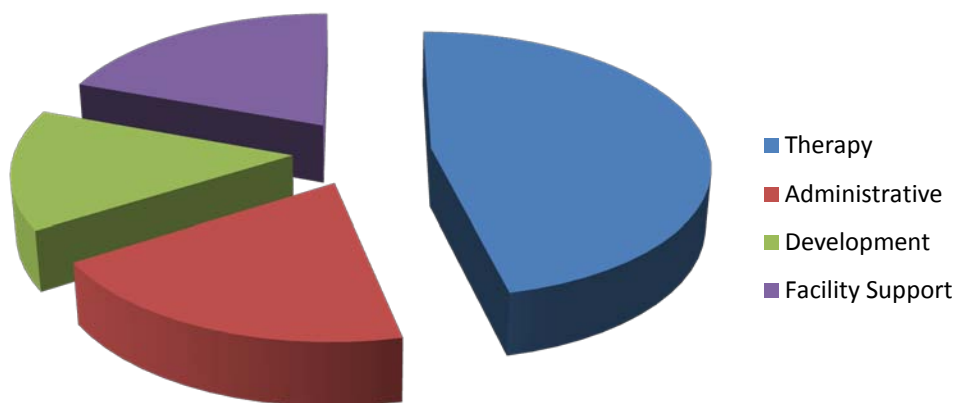
Rev. Gerard O’Brien, S.J.
Boston, Massachusetts

Robert Steele, M.D.
Naples, Florida



FINANCIAL HIGHLIGHTS:

REVENUES	<i>Years Ended June 30</i> 2009
Net Patient Service Revenue	\$3,471,892
Net Donor Contribution Revenue	\$2,895,722
Net Investment Income	\$802,286
Other	\$623,224
<i>Total Revenue and Support</i>	\$7,793,124
EXPENSES	
Therapy Program	\$4,015,790
Facility Support	\$1,676,885
General and Administrative	\$1,704,772
Development	\$1,258,634
<i>Total Expenses</i>	\$8,656,081
NET ASSETS	
Change in Net Assets	(\$7,690,172)
Beginning Assets	\$28,548,195
Ending Net Assets	\$20,858,023



Management Services Offices

1601 Joslyn Road
Lake Orion, Michigan 48360
(248) 391-4445 • (800) 626-6910
Email: info@guesthouse.org
www.guesthouse.org

The Guest House Facilities:

- Management Services Offices
Lake Orion, Michigan
- Lake Orion Treatment Center and Recovery Residence
Lake Orion, Michigan
- Rochester Treatment Center
Rochester, Minnesota
- Guest House at St. John Vianney
Downingtown, Pennsylvania

*Guest House, fully accredited and licensed, and is listed in the Official Catholic Directory (OCD).
Donations to Guest House, which is non-profit and tax-exempt, are deductible as allowed by law.*

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