

Guest House Update

Addiction Services for Catholic Clergy and Religious

New Beginnings — Advent Edition

2011 Highlights & Initiatives

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A WORD ABOUT GUEST HOUSE *from our President*

Since Guest House opened its doors in 1956, our mission has been to provide confidential, Christ-centered treatment for clergy and religious who are facing addictions. In the ensuing years, Guest House has helped more than 7,500 Catholic clergy from the United States, Canada and around the world who are affected by addiction to alcohol and other substances.

If you've not yet had the opportunity to learn about Guest House, we'd like to tell you about some accomplishments and new initiatives which we believe will enable us to provide even better service to the Catholic Church around the world.

Individualized Treatment – With its individualized treatment regimen based on the needs of each person, Guest House is always ready to welcome a new client. Unlike module-based programs which are offered on a regular cycle, Guest House can admit for treatment and extend full services as soon as the need is recognized.

Best Care – We are proud to announce that this year, Guest House has been granted full three-year accreditation by CARF, the Commission on Accreditation of Rehabilitation Facilities—with a 100% rating in the area of clinical care. Your priests and religious who come to Guest House for care can be assured that there is no better treatment available.

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*Denise Bertin-Epp
President and COO*



A WORD ABOUT GUEST HOUSE *(continued from page 1)*

Best Follow-Up – In addition to regular aftercare services, Guest House has implemented OneRecovery®, a new software program which functions as a private social network specifically for Guest House alumni and alumnae. One Recovery® is a web-based program—a safe, anonymous and caring on-line community where Guest House alumni can share stories, work on their recovery programs, and mutually support one another. In areas where the traditional “offline” methods of support are unavailable due to time or distance, OneRecovery® members have a unique support network and recovery tools with them anytime, anywhere, to help reduce risk of relapse.



Best Educational Opportunities – Guest House offers educational programs for leadership in dioceses and religious communities including:

My Brother's Keeper - a new workshop for dioceses and men's religious communities. The next session will be held on Friday, January 20, 2012 at Diamondhead Beach Resort in Fort Myers, Florida.

Priests' and Diaconate Convocations – In 2011, Guest House offered educational sessions for priests of the Diocese of Grand Rapids, Michigan, as well as diaconate formation students in the Archdiocese of Detroit. Guest House experts are available to come to your diocese, on request.

Seminary Training – Guest House's workshops for seminarians includes an emphasis on prevention, but also seeks to prepare young men to identify addiction problems in their peers and in the people whom they serve.

Walking With the Wounded – an institute for leadership in women's communities, Walking With the Wounded has helped women superiors to identify and help members of their communities who are facing the problem of addiction. Three sessions are scheduled in Lake Orion, Michigan, during 2012: May 2-4, June 6-8, and October 3-5.

Best Value – Inpatient treatment may seem expensive, but it is a great value, when one considers the potential loss of a priestly vocation. Guest House's comprehensive program includes the counseling services of our interdisciplinary team of addiction experts, therapeutic leave and aftercare, reentry assistance, as well as full diagnostic and health care services of the world-renowned Mayo Clinic. Guest House provides a wide array of services throughout the continuum of care that are helpful to diocesan and religious leadership, and which afford the client the best chance for quality recovery.

We look forward to serving you in the future, and we hope you will **call us at 1.800.634.4155** with any questions.

"The skills of the entire staff are blessings I will always appreciate. What happened there for me was indeed a true miracle that was a flat-out gratuitous gift of our loving God that is still with me." -Father D.





Life Is an Advent Season

CONNECTIONS, 11-28-93, Anonymous

"Life is a constant Advent season: we are continually waiting to become, to discover, to complete, to fulfill. Hope, struggle, fear, expectation and fulfillment are all part of our Advent experience.

The world is not as just, not as loving, not as whole as we know it can and should be. But the coming of Christ and his presence among us—as one of us—give us reason to live in hope: that light will shatter the darkness, that we can be liberated from our fears and prejudices, that we are never alone or abandoned.

May this Advent season be a time for bringing hope, transformation and fulfillment into the Advent of our lives."

Guest House® Contact Information

Men's Treatment Center

Jeff Henrich
4800 46th Street, N.E.
Rochester, MN 55906
1-800-634-4155

Management Services Office
1601 Joslyn Rd.
Lake Orion, MI 48360
1-800-626-6910
Fax: 248-391-0210

Women's Treatment Center

Sr. Mary Ellen Merrick, IHM, Executive Director
1720 W. Scripps Road
Lake Orion, MI 48360
1-800-626-6910

Website: www.guesthouse.org
E-Mail: info@guesthouse.org

*After his recovery at Guest House—
"Things are going great. I'm
floating in the grace of God.
Guest House was one of the best
things in my life." -Father F.*



Guest House Offers Valuable Resources for Your Ministry

Guest House has recently expanded and broadened our services to the Church. Our goal has always been to be of service to Catholic clergy and religious who are our alumni, to leadership in dioceses and religious orders, and to those currently under our care. Our commitment extends to helping those who have not yet taken advantage of our services, but who may experience a need in the future.

We are happy to offer, at no cost to you, assistance with comprehensive addiction and recovery "in-service" programs. Guest House's in-service programs focus on helping at the onset of difficulty, and include consultation, help dealing with difficult persons, interventions, evaluations, and referral to treatment, if necessary. We also provide follow-up services after treatment including education workshops, seminars, retreats, and recovery support groups for alumni. (See below for a description of one of our workshops.) Our Speakers Bureau is a wonderful resource that includes experts on the many aspects of addiction, wellness, recovery and spirituality.

Education plays a big part in the fulfillment of the Guest House mission. These services are designed to lessen the damages of addictive disorders and emotional problems experienced by both those in ministry and those served.

Guest House's dedicated Outreach Representatives serve every diocese, and are available to work with you on these sensitive areas. If you haven't already met your Outreach Rep, please call us at **1-800-626-6910** so we can connect you and answer any questions you may have.

Leadership Education: My Brother's Keeper Complementary Workshop

Guest House is offering a new program intended to help diocesan and religious leadership to recognize and handle addiction problems among clergy. This is structured as a confidential forum to discuss concerns related to wellness and recovery for clergy and men religious. Objectives will include promoting the knowledge and understanding of addiction problems and compulsive behavior through presentations, case studies and group sharing. In addition, we will offer confidential assistance in preparing community policies related to wellness and recovery.

The October workshop was held on our Men's Treatment Center campus in Rochester, MN.

Comments from the October Workshop include:

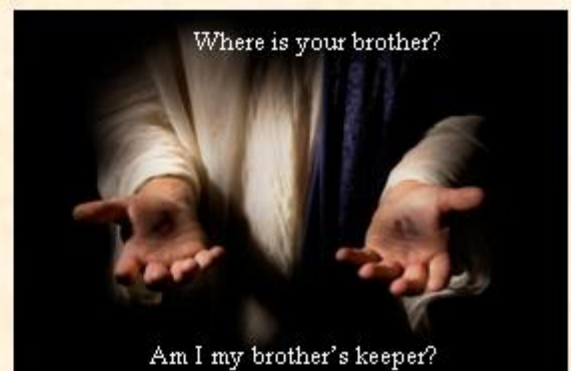
"Thank you for the wonderful opportunity to learn how to better support and care for my brothers who find themselves in these situations."

"Yes! I would recommend this to priest gatherings to dispel the mystery of treatment and how to assist them."

Thanks to the generosity of Guest House benefactors, there is no charge for the workshop.

The next scheduled *My Brother's Keeper* Workshop will be held in Ft. Meyers, FL in January 2012.

For more information about this venue please call Colleen Richards at 800-626-6910.



The Guest House Mission Statement

Our mission is to provide the information, education, treatment and care needed to assure that clergy, men and women religious, and seminarians suffering from alcoholism and other specified addictions have the best opportunity for quality recovery.

Leadership Education: Walking with the Wounded Complementary Workshop for Women Religious

Helping Sisters Overcome Addictions and Compulsive Behavior in Religious Life

This workshop will be especially helpful to sisters in leadership who are responsible for community health care policies and services, and for personnel and ministry issues.

Objectives:

- To promote the knowledge and understanding of addiction problems and compulsive behavior in women religious.
- To teach skills for helping sisters suffering from addictions and compulsive behavior.
- To offer confidential assistance in preparing community policies related to wellness and recovery.
- To offer a confidential forum for leadership to discuss concerns related to wellness and recovery for their community members.

Methods:

- Presentations
- Case Studies
- Small Group Sharing
- Questions and Answers

Three workshops to choose from in 2012:

May 2-4, 2012

June 6-8, 2012

October 3-5, 2012

To Register:

Call 800-626-6910



Women's Treatment Center

Lake Orion, Michigan

"I have been honored to watch the women's treatment program grow and develop into a program of excellence over the last several years. Guest House is a place of "hope and healing" where women religious can learn to lift their heads from "shame to grace" as they support each other in their recovery. I know that I would not hesitate to encourage one of my sister friends to attend the program if they were in need. In the 12-step programs, there is a saying that "the hand of recovery must always be available to the suffering person in need" and for that, WE are responsible. My commitment to the women's advisory board, and to being a voice of support and encouragement to community leadership, community members, and sisters in need is one way I can ensure help is available when life hurts."

-Sr. Josie McKechnie, Ph.D., CSJ, Sudbury, Ontario